

BEAUTIFUL FACE, BEAUTIFUL BODY

BEAUTIFUL SOUL

Beneficial International

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Disclaimer

All statements presented are for informational purposes only and have not been evaluated by the FDA. The following statements are not intended to diagnose, treat, cure or prevent any disease. If you have any type of health condition or concern you should consult a health care professional before starting a nutritional supplement routine or beginning any nutritional program.




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© Introducing-
Simply Sweet™
The All Natural
Fiber Sweetener



Simply Sweet™ is formulated to create:


- ④ Stable metabolism
- ④ Steady glycemic levels
- ④ Proper digestion and immune function
- ④ Friendly flora
- ④ Insulin sensitivity
- ④ Proper nutrient assimilation



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Simply Sweet™ Does *not* include

- ☉ Sugar
- ☉ Preservatives
- ☉ Artificial Colors or Flavors
- ☉ Hydrogenated Oils
- ☉ Artificial Sweeteners



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Simply Sweet Ingredients

Ingredients:

FiberSource LG™ (Isomalto-oligosaccharides, Acacia Fiber, Chicory Root) Xylitol CF™, Lo Han Extract, Citrus Bioflavonoids, Silica.



Functional Soluble Fiber Blend

LG = Low Glycemic

CF = Candida Friendly

Simply Sweet™ Quick Facts



- ⦿ **Replace Sugar Naturally!**
- ⦿ **No Artificial Ingredients**
- ⦿ **High in Soluble Fiber**
- ⦿ **Regulate Your Blood Sugar**
- ⦿ **Enhance Your Immune System**
- ⦿ **Fight Tooth Decay**
- ⦿ **Low Calorie, and Sugar Free**
- ⦿ **Good for Diabetics**
- ⦿ **Zero Impact Carbs**
- ⦿ **Low Glycemic Index**
- ⦿ **No Sucralose (Splenda) or Aspartame (NutraSweet)**
- ⦿ **Candida Friendly***

Ask your M'lis Educator how you and your clients can optimally use Simply Sweet on the Candida Program

Simply Sweet™

Simply Sweet™ Contains

- ① 1.5 grams of dietary fiber per tsp
- ① 6 calories per serving
- ① 2 calories per gram (50% < sucrose)
- ① Zero net carbs
- ① Zero grams of sugar
- ① Instant mixing ingredients



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Simply Sweet™



- RDV (recommended daily value) for a 2,000 calorie diet is 23 grams of fiber a day.
- Ave intake in western states is only 15 grams
- To make up the difference we recommend at least 3 servings of Simply Sweet a day.

US food and nutrition board, Institute of Medicine of the National Academies recommends the following grams of fiber a day for optimal health

Men = 38 grams

Women = 25 grams

Simply Sweet™ Synergy



- ② **Simply Sweet is the perfect compliment to M'lis Fiber**
- ② **Health experts recommends a blend of both soluble and insoluble fiber for maximum benefit.**
- ② **Simply Sweet is 100% soluble**
- ② **M'lis Fiber contains mostly insoluble fiber**
- ② **Taking both products together can help individual reach their daily wellness and fiber goals**

The Natural Way To Replace Sugar

- © Millions of people consume large amounts of high calorie sugars per year which may lead to multiple health concerns and obesity
- © Other products such as NutraSweet® (Aspartame) and Splenda® (Sucralose) have been chemically altered and may have long term health consequences

Ingredient Details

FiberSource LG™ is a Functional Soluble Fiber Blend (F.S.F)

F.S.F blends are instant mixing, not gritty or thick like other fibers

Xylitol CF™ is a candida friendly Xylitol from natural sources. NOT all Xylitols are created equal. Most are chemically derived where Xylitol CF is 100% natural. Xylitol CF may actually prevent yeast growth, not encourage it like other sweeteners

Citrus Bioflavonoid can help to increase immune function

Silica can aid in proper hair, skin and nail health

FiberSource L.G. Ingredient :

Acacia Fiber

Quick Facts

- ② >90% Natural Soluble Fiber, plant based
- ② Low Caloric: <2 kcal/g
- ② Safe for Teeth , does not promote dental carries
- ② Extremely high gut tolerance, does not promote stomach cramping
- ② Promotes Bifidobacteria & Lactobacilli “Friendly Flora”
- ② Aids Digestion and Immune Function

FiberSource L.G. Ingredient :

Chicory Root Fiber

Quick Facts

- ④ >90% Natural Soluble Fiber, Plant Based
- ④ Low Caloric: <2 kcal/g
- ④ Pre-Biotics culture Acidophilus and other “Friendly Flora”
- ④ Short Fiber Chains support small and large intestines

FiberSource L.G. Ingredient: **Isomalto-oligosaccharides**

Quick Facts

- ⦿ Regulates and improves intestinal flora
- ⦿ Supports oral health
- ⦿ Aids in intestinal mineral absorption
 - ⦿ Helps with internal pH balance
 - ⦿ Can help create a more alkaline environment
- ⦿ Regulates bowel function
- ⦿ Effective against diabetes and obesity
- ⦿ Low caloric value < 1.5 kcal/g

Ingredient: Xylitol C.F. (Candida Friendly)

Quick Facts

- ◉ Xylitol C.F. is a natural occurring derivative from vegetable source. Other brands may be chemically derived, ours is not
- ◉ Delivers 100% of the sweetness of sucrose with 40% fewer calories
- ◉ Can enhance thermogenesis and therefore may facilitate weight loss
- ◉ Has been clinically shown to prevent dental caries
- ◉ Cooling effect in the mouth
- ◉ Gets into the cells without insulin and can be used to make glucose

Ingredient: **LoHan Fruit Extract**

Quick Facts

- ④ An intensely sweet fruit grown in the Guangxi District in the Peoples Republic of China
- ④ Because of its intense sweetness and flavor profile, low levels of Lo Han juice extract are used in Simply Sweet™. Does not contain sugar e.g. fructose, sucrose etc...
- ④ 100% Natural Fruit Extract

Simply Sweet™ Benefit List Recap


- ⦿ **Diabetic Friendly**
- ⦿ **Low Glycemic**
- ⦿ **Aids Weight Loss**
- ⦿ **High in Soluble Fiber**
- ⦿ **Sugar Free**
- ⦿ **Low Calorie**
- ⦿ **Safe for Teeth**
- ⦿ **Fights Dental Carries**
- ⦿ **Promotes “Friendly Flora”**
- ⦿ **Help to balance internal body pH**
- ⦿ **Helps in Mineral Absorption**
- ⦿ **Auto-Immune Friendly**
- ⦿ **Reduces “Bad” Cholesterol**
- ⦿ **Reduces internal impurities**
- ⦿ **Instant Mixing**
- ⦿ **Sugar Replacement**
- ⦿ **No Chemical additives**
- ⦿ **Aids Digestion**
- ⦿ **Aids Immune Function**
- ⦿ **Candida Friendly***

*Ask your M’lis educator how you and your clients can optimally use Simply Sweet on our candida program

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For sales or questions please contact your local health educator 1.800.548.0569

Visit us on line @ www.mlis.com/sweet.html



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